

PLENARY SESSION

How to Think with AI: Rewiring Your Mind for the Intelligence Age

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The speakers will drive you to tackle one of the biggest questions on everyone's mind: how do we thrive in a world being reshaped by AI? in a different approach: a strategic guide on the essential mindset shift required to partner with artificial intelligence effectively. Built on the powerful lesson from chess grandmaster Garry Kasparov, who discovered that an average human with a machine and a good process could beat the most powerful supercomputer, as the core message, The value of the session is to convey the relationship between human and the machine (the computer), that is to say that we learn to think with the machine. With recent studies showing AI can boost knowledge work quality by up to 40%, the opportunity is immense, but only for those who adapt their thinking.

In the session, the audience will be guided through

- The Augmentation Reality:** Move past the "AI will take my job" fear. The speakers will make the case that "a human with AI" will replace "a human without AI," framing this adaptation as an essential, immediate career strategy.
- Navigating the New Career Lifecycle:** Identify the need for change into perspective. The half-life of a professional skill has plummeted from 30 years to just seven. The audience will be provided a framework for the continuous reinvention that is now required to build a resilient career.
- Leveraging Our Brain's Natural Ability:** The audience will get to share a hopeful and practical message rooted in neuroscience. Our brains are built for this kind of change through neuroplasticity. The audience will enjoy tangible strategies to help consciously and form new mental pathways for AI-era problem-solving.
- Shifting from Scarcity to Abundance:** This technology isn't just about doing old tasks faster; it's about fundamentally increasing what is possible. They will explore the profound psychological and cultural shift required to see and seize these new opportunities.



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